

## Dementia support services in Barnet

The following tables provide information on activities and services available in the borough for people with dementia and their carers. This is not an exhaustive list but contains the main service providers; please contact the providers to confirm dates, times and costs.

### The following organisations offer Information and Advice, Assessments, Advocacy

Organisation	Service Description	Details	Contact
<b>Adult Social Care – Social Care Direct</b>	Information and advice, assessing people’s social care needs, helping people plan and manage their care and support, keeping vulnerable adults safe.	Mon-Fri, 9am-5pm	<b>Tel:</b> 020 8359 5000 <b>Email:</b> <a href="mailto:socialcaredirect@barnet.gov.uk">socialcaredirect@barnet.gov.uk</a> <b>Web:</b> <a href="http://Barnetadultsocialcare">Barnetadultsocialcare</a>
<b>Advocacy – Advocacy in Barnet</b>	Paid and volunteer advocates provide local residents with access to independent information, support and representation to help them address issues/concerns related to care.	Mon-Fri, 9am-5pm	The One Stop Shop, 4-5 The Concourse Grahame Park, NW9 5XB <b>Tel:</b> 020 8201 3415 <b>Email:</b> <a href="mailto:admin@advocacyinbarnet.org.uk">admin@advocacyinbarnet.org.uk</a> <b>Web:</b> <a href="http://advocacyinbarnet">advocacyinbarnet</a>
<b>Barnet Carers Centre</b>	Provide support, information and advice to carers including the emergency planning scheme.	Mon-Fri, 9am-5pm	3 <sup>rd</sup> Floor Global Hse, 303 Ballards Lane North Finchley N12 8NP <b>Tel:</b> 020 8343 9698 <b>Email:</b> <a href="mailto:admin@barnetcarers.org">admin@barnetcarers.org</a> <b>Web:</b> <a href="http://www.barnetcarers.org">www.barnetcarers.org</a>
<b>Barnet Citizens Advice Bureau (BCAB)</b>	Provide free, independent, confidential and impartial advice and guidance to people who live, work or study in the London Borough of Barnet, on their rights and responsibilities.	<u>HUB</u> 40–44 Church End, Hendon, NW4 4JT: Drop-in times Mondays and Fridays 9.30am-noon <u>NEW BARNET</u> 30 Station Rd, New Barnet EN5 1PL: Drop-in Wednesdays 9.30am-noon	<b>Telephone HELPLINE:</b> 0300 456 8365 Mon-Fri 9.30am-4pm, Wed until 7.30pm <b>Web:</b> <a href="http://www.barnetcab.org.uk">www.barnetcab.org.uk</a>
<b>Community Mental Health Teams</b>	Barnet Enfield & Haringey mental health NHS trust for the assessment, diagnosis and treatment of patients with complex dementia.	Community Mental Health Teams Mon-Fri, 9am-5pm	Springwell Building, Barnet Hospital Wellhouse Lane, Barnet, EN5 3DJ <b>Tel:</b> 020 8702 4575
<b>Dementia Advisor Service – Alzheimer’s Society Barnet</b>	Provides advice and support to people with dementia and their carers. This includes signposting to local services, such as care or support services, and giving information to help make informed decisions.	Mon-Fri 9am-5pm	Edgware Community Hospital Burnt Oak Broadway, HA8 0AD <b>Tel:</b> 020 8937 7171 <b>Email:</b> <a href="mailto:Barnet@alzheimers.org.uk">Barnet@alzheimers.org.uk</a> <b>Web:</b> <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>

The following organisations offer activities and support specifically for people with dementia and their carers

<b>Age UK Barnet</b>	Provide information, activities and services at its centres and in the community including: Fitness/exercise, health promotion, befriending, Handyperson scheme, training and assisted access to computers, lunch clubs, social groups		Ann Owens Centre Oak Lane , East Finchley N2 8LT <b>Tel:</b> 020 8203 5040 <b>Email:</b> <a href="mailto:info@ageukbarnet.org.uk">info@ageukbarnet.org.uk</a> <b>Web:</b> <a href="http://AgeUKBarnetNeighbourhoods">AgeUKBarnetNeighbourhoods</a>
<b>Alzheimer's Society</b>	Online information and advice for anyone affected by dementia including the service directory - Dementia Connect, and the online forum Talking point.		<b>Tel:</b> 0300 222 11 22 <b>Web:</b> <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>
<b>Dementia Cafes – Alzheimer's Society Barnet</b>	An informal and understanding environment for people living with dementia and their carer, with arts and crafts, information and advice. <b><i>Drop in service no booking necessary</i></b>	<b>Eversfield Centre ,</b> Eversfield Gdns, Mill Hill NW7 2AE, Last Fri of every month 10.30-12.30 <b>Lyonsdown Hall,</b> Lyonsdown Road, EN5 1JB, 1 <sup>st</sup> & 3 <sup>rd</sup> Mon of every month 2-4pm	Alzheimer's Society Barnet, <b>Tel:</b> 020 8937 7171 <b>Email:</b> <a href="mailto:Barnet@alzheimers.org.uk">Barnet@alzheimers.org.uk</a> <b>Web:</b> <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>
<b>Dementia Club - Saracens Foundation</b>	Each session aims to provide the person with dementia and their carer with information, gentle exercise and fun activities in a social atmosphere.	Every Wednesdays 2pm–4pm	Finchley Memorial Hospital Granville Rd, North Finchley N12 0JE <b>Web:</b> <a href="http://Saracensdementiacafe">Saracensdementiacafe</a>
<b>Dementia Day Support – Alzheimer's Society Barnet</b>	For people with moderate to high needs. This service offers a friendly environment to pursue interests, try out new activities and socialise.	The Marillac (Stepping Stones) Edgware Community Hospital Burnt Oak Broadway HA8 0AD <b>Tel:</b> 020 8732 6750	Referrals - Alzheimer's Society Barnet, <b>Tel:</b> 020 8937 7171 <b>Email:</b> <a href="mailto:Barnet@alzheimers.org.uk">Barnet@alzheimers.org.uk</a> <b>Web:</b> <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>
<b>Dementia Forum – Alzheimer's Society Barnet</b>	For people with dementia, professionals, carers and other stakeholders		Edgware Community Hospital Burnt Oak Broadway, HA8 0AD <b>Tel:</b> 020 8937 7171 <b>Email:</b> <a href="mailto:Barnet@alzheimers.org.uk">Barnet@alzheimers.org.uk</a> <b>Web:</b> <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>
<b>Housing – Barnet Homes</b>	<b>Extra Care</b> - Enables people to live in their homes as independently as they can. <b>Sheltered Plus</b> - Sheltered housing with some additional support and overnight care.	Mon-Fri 8am-6pm	Barnet House 1255 High Rd N20 0EJ <b>Freephone:</b> 0800 3895225 <b>Text:</b> 07903 324192 <b>Email:</b> <a href="mailto:talk2us@barnethomes.org">talk2us@barnethomes.org</a>
<b>Library books on prescription</b>	GP's prescribe books offering practical advice about living with dementia, library staff help find the title.	Visit <a href="#">here</a> to find your local library and register	
<b>NHS Choices</b>	Information and advice including an email service and online forum 'Talking point'		<b>Web:</b> <a href="http://NHSdementiapages">NHSdementiapages</a>

<b>Peer Support group – Alzheimer’s Society Barnet</b>	Meet others with similar conditions and talk about experiences. Group is facilitated by a dementia support worker from the Alzheimer’s Society Barnet	Marillac Centre (Stepping Stones) Edgware Community Hospital Burnt Oak Broadway HA8 0AD 1 <sup>st</sup> Wed of every month 1.30-3.30pm	Alzheimer’s Society Barnet, Tel: 020 8937 7171 Email: <a href="mailto:Barnet@alzheimers.org.uk">Barnet@alzheimers.org.uk</a> Web: <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>
<b>Reading Group – The Reader Organisation</b>	<b>Feel better with a book</b> For people with memory loss / dementia and their carers. There’s no pressure to read aloud and you can simply sit back and enjoy being read to.	<b>Methodist Church Hall</b> , Manor Drive Whetstone N20 Thur 10-11.30am <b>Carlton Court</b> , 112 Bells Hill, Barnet EN5 2SQ Friday 2-3.30pm	Tel: 07815 554713 Email: <a href="mailto:paulhiggins@thereader.org.uk">paulhiggins@thereader.org.uk</a> Web: <a href="http://ReaderorgBarnet">ReaderorgBarnet</a>
<b>Singing for the brain – Alzheimer’s Society Barnet</b>	A stimulating group activity to help well-being and confidence in early to moderate stages of dementia. Run by friendly trained leader, staff/volunteers	Eversfield Centre, Eversfield Gdns Mill Hill NW7 2AE Every Thursday 10.30am -12.30pm	Tel: 020 8937 7171 Email: <a href="mailto:Barnet@alzheimers.org.uk">Barnet@alzheimers.org.uk</a> Web: <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>
<b>Telecare</b>	Technology can help people live more safely and independently at home. Devices can be monitored or standalone and include movement sensors, fall detectors and bogus caller alarms.		Social Care Direct Tel: 020 8359 5000 Email: <a href="mailto:socialcaredirect@barnet.gov.uk">socialcaredirect@barnet.gov.uk</a> Web: <a href="http://barnet.gov.uk/telecare">barnet.gov.uk/telecare</a>

**The following organisations offer a wide range of support dedicated to supporting carers**

<b>Barnet Carers Centre</b>	Provide support, information and advice to carers including the emergency planning scheme	Mon-Fri, 9am-5pm	3 <sup>rd</sup> FL Global House, 303 Ballards Ln North Finchley N12 8NP Tel: 020 8343 9698 Email: <a href="mailto:admin@barnetcarers.org">admin@barnetcarers.org</a> Web: <a href="http://www.barnetcarers.org">www.barnetcarers.org</a>
<b>Carers Information and Support-Barnet Alzheimer’s Society</b>	4 workshops for carers of someone newly diagnosed with dementia. Information and support in a friendly and confidential environment.	Sessions arranged quarterly in different locations across the borough	Edgware Community Hospital Burnt Oak Broadway, HA8 0AD Tel: 020 8937 7171 Email: <a href="mailto:Barnet@alzheimers.org.uk">Barnet@alzheimers.org.uk</a> Web: <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>
<b>Jewish Care</b>	Support for carers of Jewish people with dementia including:- social care and counselling, respite care, befriending scheme, bereavement support	Mon - Fri, 9am - 5pm	221 Golders Green, NW11 9DQ Tel: 020 8922 2000 Web: <a href="http://www.jewishcare.org.uk">www.jewishcare.org.uk</a>
<b>Peer support group – Alzheimer’s Society Barnet</b>	To meet with other carers and discuss experiences and raise any concerns.	Community Network 27 Castle Rd, North Finchley 1 <sup>st</sup> Tuesday of every month 7-9pm	Alzheimer’s Society Barnet, Tel: 020 8937 7171 Email: <a href="mailto:Barnet@alzheimers.org.uk">Barnet@alzheimers.org.uk</a> Web: <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>