

Dementia support services in Barnet

The following tables provide information on activities and services available in the borough for people with dementia and their carers. This is not an exhaustive list but contains the main service providers; please contact the providers to confirm dates, times and costs.

The following organisations offer Information and Advice, Assessments, Advocacy

Organisation	Service Description	Details	Contact
Adult Social Care – Social Care Direct	Information and advice, assessing people’s social care needs, helping people plan and manage their care and support, keeping vulnerable adults safe.	Mon-Fri, 9am-5pm	Tel: 020 8359 5000 Email: socialcaredirect@barnet.gov.uk Web: Barnetadultsocialcare
Advocacy – Advocacy in Barnet	Paid and volunteer advocates provide local residents with access to independent information, support and representation to help them address issues/concerns related to care.	Mon-Fri, 9am-5pm	The One Stop Shop, 4-5 The Concourse Grahame Park, NW9 5XB Tel: 020 8201 3415 Email: admin@advocacyinbarnet.org.uk Web: advocacyinbarnet
Barnet Carers Centre	Provide support, information and advice to carers including the emergency planning scheme.	Mon-Fri, 9am-5pm	3 rd Floor Global Hse, 303 Ballards Lane North Finchley N12 8NP Tel: 020 8343 9698 Email: admin@barnetcarers.org Web: www.barnetcarers.org
Barnet Citizens Advice Bureau (BCAB)	Provide free, independent, confidential and impartial advice and guidance to people who live, work or study in the London Borough of Barnet, on their rights and responsibilities.	<u>HUB</u> 40–44 Church End, Hendon, NW4 4JT: Drop-in times Mondays and Fridays 9.30am-noon <u>NEW BARNET</u> 30 Station Rd, New Barnet EN5 1PL: Drop-in Wednesdays 9.30am-noon	Telephone HELPLINE: 0300 456 8365 Mon-Fri 9.30am-4pm, Wed until 7.30pm Web: www.barnetcab.org.uk
Community Mental Health Teams	Barnet Enfield & Haringey mental health NHS trust for the assessment, diagnosis and treatment of patients with complex dementia.	Community Mental Health Teams Mon-Fri, 9am-5pm	Springwell Building, Barnet Hospital Wellhouse Lane, Barnet, EN5 3DJ Tel: 020 8702 4575
Dementia Advisor Service – Alzheimer’s Society Barnet	Provides advice and support to people with dementia and their carers. This includes signposting to local services, such as care or support services, and giving information to help make informed decisions.	Mon-Fri 9am-5pm	Edgware Community Hospital Burnt Oak Broadway, HA8 0AD Tel: 020 8937 7171 Email: Barnet@alzheimers.org.uk Web: www.alzheimers.org.uk

The following organisations offer activities and support specifically for people with dementia and their carers

Age UK Barnet	Provide information, activities and services at its centres and in the community including: Fitness/exercise, health promotion, befriending, Handyperson scheme, training and assisted access to computers, lunch clubs, social groups		Ann Owens Centre Oak Lane , East Finchley N2 8LT Tel: 020 8203 5040 Email: info@ageukbarnet.org.uk Web: AgeUKBarnetNeighbourhoods
Alzheimer's Society	Online information and advice for anyone affected by dementia including the service directory - Dementia Connect, and the online forum Talking point.		Tel: 0300 222 11 22 Web: www.alzheimers.org.uk
Dementia Cafes – Alzheimer's Society Barnet	An informal and understanding environment for people living with dementia and their carer, with arts and crafts, information and advice. <i>Drop in service no booking necessary</i>	Eversfield Centre , Eversfield Gdns, Mill Hill NW7 2AE, Last Fri of every month 10.30-12.30 Lyonsdown Hall, Lyonsdown Road, EN5 1JB, 1 st & 3 rd Mon of every month 2-4pm	Alzheimer's Society Barnet, Tel: 020 8937 7171 Email: Barnet@alzheimers.org.uk Web: www.alzheimers.org.uk
Dementia Club - Saracens Foundation	Each session aims to provide the person with dementia and their carer with information, gentle exercise and fun activities in a social atmosphere.	Every Wednesdays 2pm–4pm	Finchley Memorial Hospital Granville Rd, North Finchley N12 0JE Web: Saracensdementiacafe
Dementia Day Support – Alzheimer's Society Barnet	For people with moderate to high needs. This service offers a friendly environment to pursue interests, try out new activities and socialise.	The Marillac (Stepping Stones) Edgware Community Hospital Burnt Oak Broadway HA8 0AD Tel: 020 8732 6750	Referrals - Alzheimer's Society Barnet, Tel: 020 8937 7171 Email: Barnet@alzheimers.org.uk Web: www.alzheimers.org.uk
Dementia Forum – Alzheimer's Society Barnet	For people with dementia, professionals, carers and other stakeholders		Edgware Community Hospital Burnt Oak Broadway, HA8 0AD Tel: 020 8937 7171 Email: Barnet@alzheimers.org.uk Web: www.alzheimers.org.uk
Housing – Barnet Homes	Extra Care - Enables people to live in their homes as independently as they can. Sheltered Plus - Sheltered housing with some additional support and overnight care.	Mon-Fri 8am-6pm	Barnet House 1255 High Rd N20 0EJ Freephone: 0800 3895225 Text: 07903 324192 Email: talk2us@barnethomes.org
Library books on prescription	GP's prescribe books offering practical advice about living with dementia, library staff help find the title.	Visit here to find your local library and register	
NHS Choices	Information and advice including an email service and online forum 'Talking point'		Web: NHSdementiapages

Peer Support group – Alzheimer’s Society Barnet	Meet others with similar conditions and talk about experiences. Group is facilitated by a dementia support worker from the Alzheimer’s Society Barnet	Marillac Centre (Stepping Stones) Edgware Community Hospital Burnt Oak Broadway HA8 0AD 1 st Wed of every month 1.30-3.30pm	Alzheimer’s Society Barnet, Tel: 020 8937 7171 Email: Barnet@alzheimers.org.uk Web: www.alzheimers.org.uk
Reading Group – The Reader Organisation	Feel better with a book For people with memory loss / dementia and their carers. There’s no pressure to read aloud and you can simply sit back and enjoy being read to.	Methodist Church Hall , Manor Drive Whetstone N20 Thur 10-11.30am Carlton Court , 112 Bells Hill, Barnet EN5 2SQ Friday 2-3.30pm	Tel: 07815 554713 Email: paulhiggins@thereader.org.uk Web: ReaderorgBarnet
Singing for the brain – Alzheimer’s Society Barnet	A stimulating group activity to help well-being and confidence in early to moderate stages of dementia. Run by friendly trained leader, staff/volunteers	Eversfield Centre, Eversfield Gdns Mill Hill NW7 2AE Every Thursday 10.30am -12.30pm	Tel: 020 8937 7171 Email: Barnet@alzheimers.org.uk Web: www.alzheimers.org.uk
Telecare	Technology can help people live more safely and independently at home. Devices can be monitored or standalone and include movement sensors, fall detectors and bogus caller alarms.		Social Care Direct Tel: 020 8359 5000 Email: socialcaredirect@barnet.gov.uk Web: barnet.gov.uk/telecare

The following organisations offer a wide range of support dedicated to supporting carers

Barnet Carers Centre	Provide support, information and advice to carers including the emergency planning scheme	Mon-Fri, 9am-5pm	3 rd FL Global House, 303 Ballards Ln North Finchley N12 8NP Tel: 020 8343 9698 Email: admin@barnetcarers.org Web: www.barnetcarers.org
Carers Information and Support-Barnet Alzheimer’s Society	4 workshops for carers of someone newly diagnosed with dementia. Information and support in a friendly and confidential environment.	Sessions arranged quarterly in different locations across the borough	Edgware Community Hospital Burnt Oak Broadway, HA8 0AD Tel: 020 8937 7171 Email: Barnet@alzheimers.org.uk Web: www.alzheimers.org.uk
Jewish Care	Support for carers of Jewish people with dementia including:- social care and counselling, respite care, befriending scheme, bereavement support	Mon - Fri, 9am - 5pm	221 Golders Green, NW11 9DQ Tel: 020 8922 2000 Web: www.jewishcare.org.uk
Peer support group – Alzheimer’s Society Barnet	To meet with other carers and discuss experiences and raise any concerns.	Community Network 27 Castle Rd, North Finchley 1 st Tuesday of every month 7-9pm	Alzheimer’s Society Barnet, Tel: 020 8937 7171 Email: Barnet@alzheimers.org.uk Web: www.alzheimers.org.uk