

## Our services

Alzheimer's Society provides a range of support services for people with dementia, their families and their carers in your area.

### Dementia Advisers

If you have received a diagnosis of dementia, our Dementia Advisers work with you to identify your unique needs and help you plan how to meet these needs. This includes signposting you to local support services and providing information.

### Singing for the Brain®

Singing for the Brain® uses the therapeutic benefits of music to help improve well-being and confidence. If you have dementia, or care for someone with dementia, the sessions will offer you the opportunity to socialise whilst engaging in a stimulating group activity.

### Dementia Café

If you have dementia or care for someone with dementia you will be welcome at one of our cafés. Our cafés provide the opportunity to take part in activities or simply have a cup of tea and chat with others in a similar situation.

### Day care and support

Our day support service provides a supportive and friendly environment for people with dementia where you can take part in a variety of activities and socialise with others. Our trained staff can provide as much support as you need.

### Carer Information and Support Programme (CRISP)

If you are caring for a person with dementia, our CRISP programme offers information on a range of topics, like legal and money matters. It also provides a confidential and supportive environment to share your experiences with others in a similar situation.

### Carers Support Group

Our support group for carers provides a confidential environment where you can share practical information with others in a similar situation. Our trained staff and volunteers will be on hand to offer support.

**If you would like more information about any of our services, please get in touch. We're here to help.**

Alzheimer's Society

Barnet office

Edgware Community Hospital  
Burnt Oak Broadway

Edgware  
HA8 0AD

T: 020 8937 7171

E: [barnet@alzheimers.org.uk](mailto:barnet@alzheimers.org.uk)